



NEWSLETTER

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ONLINE TICKETS

Online tickets for TSSAA championship events are available via GoFan.com. Member schools can sell tickets electronically during the regular season! For more information, contact pnoles@huddleinc.com.



TENNESSEE TITANS MR. FOOTBALL AWARD WINNERS

Tennessee's best high school football players for 2018 were recognized at the Tennessee Titans Mr. Football Awards luncheon hosted by the Tennessee Titans.

More than 400 people, including the honorees, their families, coaches, school administrators and members of the media from all parts of the state, attended the 2018 dinner at Nissan Stadium.

"This is such an outstanding honor for all 30 of the young men recognized today at the Tennessee Titans Mr. Football Awards," said Bernard Childress, Executive Director of the TSSAA. "They were here not only due to their athletic ability that they displayed on the field throughout the season, but just as much for their outstanding character and academic achievements."

High school head coaches and members of the media nominated the finalists and a committee of statewide sports writers selected winners based on performance in the 2018 regular season.

Academics and character were also taken into consideration.

The awards were presented to the top back and lineman in each of the eight classifications of the Tennessee Secondary Schools Athletic Association. The top kickers in the state were also recognized. There were three finalists in this category, regardless of their school's classification.

The Titans became sponsors of the Mr. Football Awards in 2007.



(L-R) - Bryce Hanley (Greenback), Cade Ballard (Greeneville), Devon Starling (Cane Ridge), Stone Norton (Davidson Academy), Deshawn Page (Fulton), Walker Russell (Alcoa), Maurice Hampton (MUS), Aaron Swafford (Meigs County), Garrett Taylor (Oakland), Eric Gray (Lausanne)

Congratulations to the BlueCross Bowl State Champions

TSSAA would like to congratulate the following schools in winning the 2018 BlueCross Bowl Football Championships!

- Division I, Class 1A - Whitwell High School
- Division I, Class 2A - Peabody High School
- Division I, Class 3A - Alcoa High School
- Division I, Class 4A - Greeneville High School
- Division I, Class 5A - Knoxville Central High School

- Division I, Class 6A - Oakland High School
- Division II, Class A - Davidson Academy
- Division I, Class AA - Christ Presbyterian Academy
- Division I, Class AAA - Brentwood Academy

DISTINGUISHED SERVICE RECOGNITION

TSSAA is proud to recognize David Limbaugh as a distinguished service honoree as a contributor.

When you think of Riverdale High School athletics one name comes to everyone's mind. . .David Limbaugh, who is also known as the RHS SID. David has poured almost his entire adult life into the athletic programs at Riverdale and for its community. David had three children graduate from Riverdale and two boys that played football and baseball respectively. He has been involved with athletics at Riverdale since 1994 and most recently gave up his job in the corporate world seven years ago to go back to school and get his teaching degree. In 2012 David began teaching at RHS. In those years David has worn many hats and filled many roles and responsibilities.

David has been a vital asset at numerous TSSAA championship events over the years. He has been the music guy at the BlueCross Bowl in Cookeville and the TSSAA State Wrestling Championships in Franklin. David helps with numerous duties during Spring Fling including stats, P.A. announcing, and music at Riverdale during the week and at MTSU during the championships. Many coaches also call David to help with post

season brackets, stats, or just with help in setting up a PA system.



David also serves as the webmaster at Riverdale, maintaining and updating all the sports websites along with running the school's athletic twitter account. Not only does David do all this for athletics, but he also volunteers his time on Saturdays and after school hours to tutor students across the county on the ACT. David's impact reaches across the mid-state and state as well..

TSSAA proudly salutes David Limbaugh for his tremendous contributions and impact he has had on athletics and young people in Tennessee.

UPCOMING STATE TOURNAMENTS

State Bowling Tournament

Smyrna Bowling Center,
Smyrna

January 17-19

State Dual Wrestling Championships

Williamson Co. Ag-Expo
Center, Franklin

February 1-2

State Wrestling Championships

Williamson Co. Ag-Expo
Center, Franklin

February 14-16

BASEBALL, SOFTBALL AND SOCCER RULES MEETINGS IN JANUARY

2018-2019 BASEBALL RULES MEETINGS

Sunday, Jan. 6	3:00 p.m.	Cookeville High School
Monday, Jan. 7	6:30 p.m.	Daniel Boone High School
Wed., Jan. 9	6:30 p.m.	Fulton High School
Thurs., Jan. 10	6:30 p.m.	Silverdale Baptist Academy
Sunday, Jan. 13	3:00 p.m.	Hillwood High School
Monday, Jan. 14	6:30 p.m.	Marshall Co. High School
Wed., Jan. 16	6:30 p.m.	Memphis University School
Thursday, Jan. 17	6:30 p.m.	University School of Jackson

2018-2019 SOFTBALL RULES MEETINGS

Sunday, Jan. 6	2:00 p.m.	Cookeville High School
Monday, Jan. 7	5:30 p.m.	Daniel Boone High School
Wed., Jan. 9	5:30 p.m.	Fulton High School
Thurs., Jan. 10	5:30 p.m.	Silverdale Baptist Academy
Sunday, Jan. 13	2:00 p.m.	Hillwood High School
Monday, Jan. 14	5:30 p.m.	Marshall Co. High School
Wed., Jan. 16	5:30 p.m.	Memphis University School
Thursday, Jan. 17	5:30 p.m.	University School of Jackson

2018-2019 ADDITIONAL SOCCER RULES MEETINGS

Tuesday, January 22	6:00 p.m.	Farragut High School
Wednesday, January 23	6:00 p.m.	Jackson Christian School
Thursday, January 24	6:00 p.m.	Hendersonville High School

From the NCAA Eligibility Center

It's important to inform and educate student-athletes and their parents about NCAA academic standards. The NCAA has provided the following information to help our college-bound student-athletes follow the right path to achieve their dreams.

Basketball Updates/Information

As you may know, many things have changed regarding recruiting in the boys' basketball space. For information related to the following topics, please visit ncaa.org/college-basketball-reform-resources

- Official/unofficial visits
- Recruiting calendars
- Scholastic events

Updated Educational Resources

The following resources are designed to help you and your colleagues as you provide information to students and families and assist them with the initial-eligibility, registration and certification processes. Please refer to the registration website (eligibilitycenter.org) or the educational site (ncaa.org/playcollegesports) for even more information.

Updated resources for the 2018-19 school year can be found on our [Educational Resources page](#) and include:

- [Guide for the College-Bound Student-Athlete](#)
- [Initial-Eligibility Brochure](#)
- [Division I Initial-Eligibility Requirements](#)
- [Division II Initial-Eligibility Requirements](#)

Eligibility Center Newsletter

To receive updates from the Eligibility Center, subscribe to the NCAA's newsletter! This monthly newsletter contains valuable information for coaches, ADs, and counselors. To subscribe, click [here](#).

Link to the NCAA Eligibility Center

Putting a link to the NCAA Eligibility Center (eligibilitycenter.org) on your website is a great way to get your student-athletes and coaches on their way to learning more about what it takes to be a successful college student-athlete.

New ACL Injury Prevention Course Available on NFHS Learning Center

A new online education course regarding ACL injury prevention is now available on the National Federation of State High School Associations (NFHS) Learning Center, thanks to a partnership between the NFHS and Hospital for Special Surgery (HSS).

The "ACL Injury Prevention" course is part of a sponsorship agreement between the NFHS and the NFHS Network, and HSS, the leading orthopedic hospital in the United States located in New York City. HSS is ranked No. 1 in orthopedics for the ninth consecutive year in 2018-19 by U.S. News & World Report. The course is available free of charge on the NFHS Learning Center at NFHSLearn.com.

While the course is designed to help coaches reduce the risk of ACL injuries to their student-athletes, it can be beneficial for administrators, students, parents and others as well. The course deals with the causes of ACL injuries, how to identify and correct movement deficiencies that can lead to these injuries, and how to effectively lead a neurodynamic warm-up before practices and games.

Through the partnership, the NFHS and HSS hope to build a program that delivers national awareness around ACL injury prevention and related sports safety information.

"We appreciate the work of the experts at Hospital for Special Surgery to

provide this tremendous resource for high school students, parents, coaches and administrators," said Dr. Karissa Niehoff, NFHS executive director.

"These type of knee injuries can sideline athletes for long periods of time, so the availability of prevention strategies will be a tremendous resource for everyone involved in high school sports."

"We are thrilled to now offer our digital workshop to NFHS' vast coalition of over 3 million people," said Joseph Janosky, director of HSS Sports Safety. "Since its creation, our program has positively impacted coaches by providing them with tools to reduce the risk of ACL injuries for young athletes."

As a part of the agreement, the NFHS Network will promote the ACL course throughout the year during the expected 100,000 events that will be streamed during the 2018-19 school year at www.NFHSTNetwork.com. The NFHS Network, a joint venture between the NFHS and its member state associations, and PlayOn! Sports, is in its sixth year of streaming high school sports and activities through its first-of-its-kind, all-digital network.

In addition to 16 sport-specific courses for coaches, the Learning Center offers eight sport-specific officiating courses, as well as Teaching Sports Skills and AACCA Spirit Safety Certification. In addition to the ACL Injury Prevention course, some of the other new free offerings are Protecting Students from Abuse, Understanding Copyright and Compliance, and Adjudicating Speech and Debate.